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Japanese Garden

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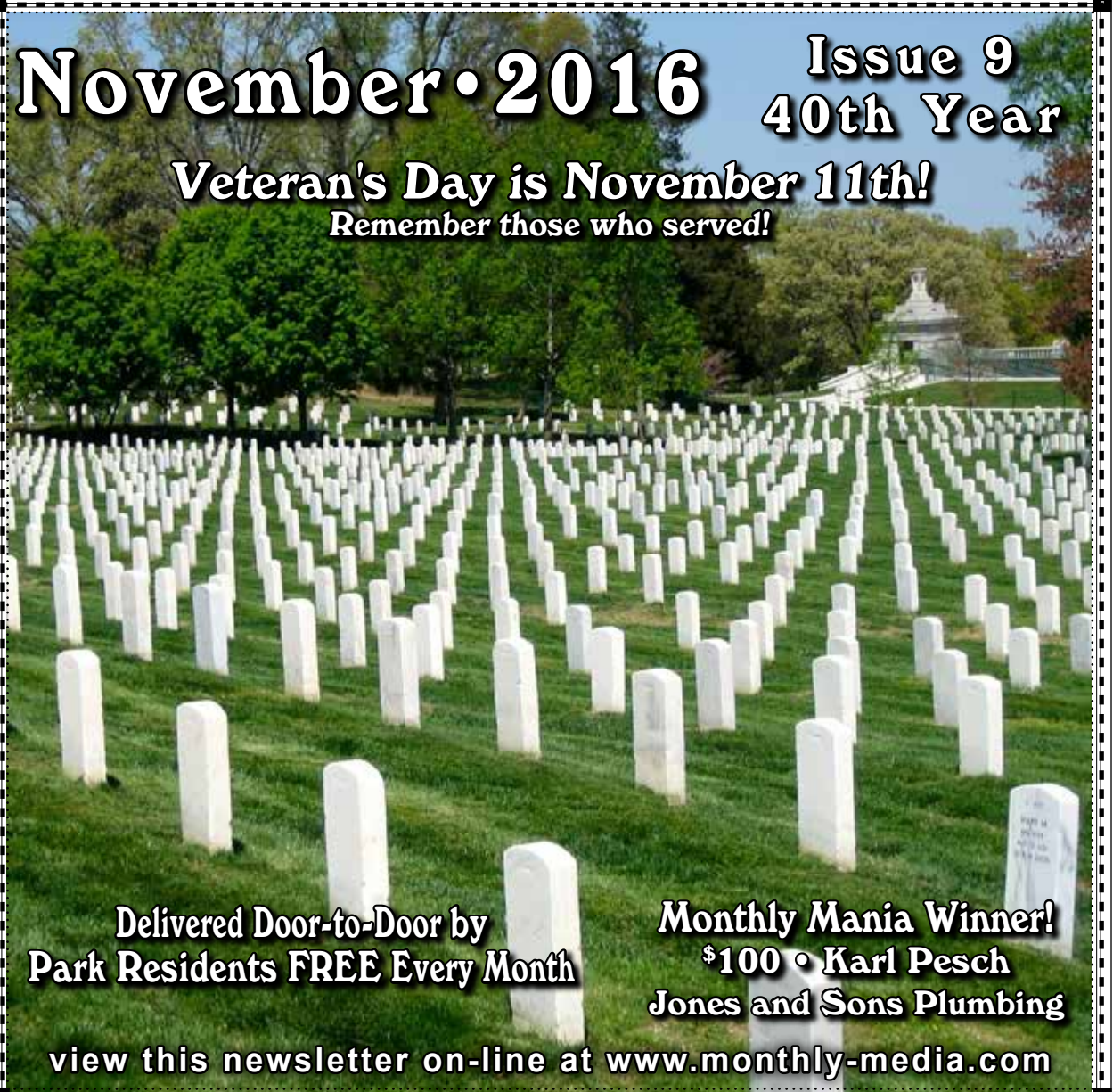
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November • 2016

Issue 9 40th Year

Veteran's Day is November 11th!
Remember those who served!



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Editor Noreen Adams 2659 Teakwood Dr. 727-776-3151 Email: theredheadedgranny@yahoo.com	Assistant Editor Florence Miller 2644 Pagoda	Consultant For Card Games Pat Pimm 2612 Butterfly
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**Karaoke, Second Saturday of every month, 7:00pm doors open 6:30pm
contact Bill Roberts 813-335-1114**

Resident's Services

Noreen

Be sure to thank our DOMEI DELIVERY DRIVERS. They are strictly volunteers, even in the heat and humidity. They are our neighbors and friends, so take a few minutes to stop and chat, get to know them and tell them how much we appreciate them. They are not all young, nor in perfect health, (as are most of us) but, they are willing to contribute their time and effort for the community.

Lil Abbott & Kathy Karlau; Charlotte Thompson; Connie Hobbs; Elke Sjoberg; Becky Collins; Gail Madeiros; Beverly Jacques; Janet Episcopo; Judy Bossie & Margo Hill; Roy Ward; Sophia Gargano; and Mel Moen.

REMINDER *ALL DOMEI ARTICLES MUST BE SUBMITTED BY THE TENTH OF EACH MONTH**

Social Club Membership..... Ed Lee... 727-531-3776
Social Club Event TicketsGail Connell.... (summer =Becky Collins727-459-5185)
We CareAnnette Wilson....727-236-0228

NOVEMBER 5TH, 2016, FIRST SOCIAL CLUB BOARD OF DIRECTORS MEETING; (coming soon, next month, just around the corner)
submitted April 2, 2016 by, Marshall Giles,
SECRETARY OF THE SOCIAL CLUB BOARD OF DIRECTORS

Be sure to check the bulletin board for upcoming dates of of weekly BINGO!!

There are some truths, the brain refuses to accept.

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Michael Ellis
 Pinellas Park, FL

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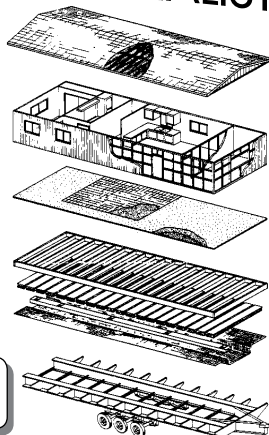
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President's Letter

Kathy Troll

Well, there is a little nip in the air saying that Fall is on the way and the snowbirds are starting to come South. We have many things planned for this season for "you all". (Pretty Southern for a New Yorker.) The Halloween Party/Dance will be October 29th, our annual Italian Night will be November 19th and we all look forward to our community Thanksgiving. Be on the lookout for the "Save the Date" flyer which will list all the activities scheduled through the end of the year by both the Social Club and the park's Activity Director.

Come to the Coffee Klatch to greet your Northern US and Canadian neighbors as they return from the summer and to meet new neighbors who have moved here in your absence.

In honor, there is hope.

Christmas Parade

Judy Bossie and Carolee Kingsbury

December 18th 6:00 pm

We will start lining up at 5:30. This year we would like to do a gift swap. If you would like to participate, the price of the gift should be as close to but not over \$10.00. You will need to wrap it and drop it off before the parade. There will be coffee and tea and desert after in the clubhouse. We had such a great number of golf carts last year. I hope we can get just as many this year. If any one has pictures from last year that we can put on a thumb drive, please get in touch with me. Thank you.

No matter what you are going through in life, just keep on going!!

Veterans Day Nov. 11, 2016

Carolee Kingsbury

Doors open at 10:30 am

We will start with a moment of silence at 11:00

A program will follow to honor veterans. A light lunch will follow. A sign up sheet will be posted the beginning of November



One man's logic, is another man's crazy!

NOTICE.....

Dorothy Ravener

Welcome back...if you have NOT picked up your 2016 Picture Directory, what are you waiting for! Contact me at any time, any hour, any day 536-3403. The books are located at 2674 Rickshaw Drive.

You never find yourself, until you find your own truth.

Art Festival

Charlotte Thompson

Come one and all!! Join us for the Art Festival in December and be amazed at all the talent here in our community ... or rent a table and show off your own beautiful imaginative talent.

DATE: DECEMBER 9-10, 2016

TIME: 9A.M. - 3P.M.

FEE: \$5.00 per table per artist. You may bring additional tables or displays of your own also.

Taller art work or mounted craft displays will be situated around the perimeter of the Rec. Hall and Library.

WHAT MEDIUMS ACCEPTED? ALMOST EVERYTHING. Paintings, jewelry, crafts of most types (nothing very tall such as large heavy sculpted pieces or huge paintings)

Craft displays for Christmas and other occasions as well, are accepted.

Please call to reserve a table. This is a must. Sorry, no last minute walk in admissions welcome.

There will be a meeting before the show to share details.

CALL CHARLOTTE THOMPSON to reserve a table. CALL: 727-531--3651

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Carol Zapiecki, Clearwater, FL



Canal Notes

Sophia Gargano

To the folks living by the canal, here are some things that I did to improve my surroundings.

First I planted several Oleander bushes to block the view of the big steel culvert. Within six months, the blooming Oleander gave me a better view. Next, I planted two Sycamore trees – they grow very fast. These trees, because of their roots, help abate the erosion. They are also a nice place to install a bat house. The bat house houses up to fifty bats. At night each bat can eat up to 2,000 mosquitoes. Lastly, I feed the ducks. I purchase duck food at a feed store, I do not feed them bread. Ducks help get rid of the mosquitos because they stir up the edges of the canal where there are the hatchlings of mosquito eggs.

I hope some of these ideas will help you.

Some of us think that holding on makes us strong, but it is letting go that makes us truly strong!!!!

Italian Night Dinner

Janet Episcopo



Saturday, November 19, 2016 will be our annual Italian Night. Music by Helen and Roger. Cost: \$7.00 members \$10.00 non-members. Call Becky Collins or Gail Connelly for tickets. Doors open at 5:00 pm, dinner at 6:00 pm. Cut-off date November 9th. 50/50 Raffle.

Find a place inside where there is joy, and the joy will burn out the pain

Christmas Dinner/ Dance

Becky Collins

Christmas Dinner/ Dance is scheduled for December 17th, 2016. Cutoff date will be December 14 or when we have 128 tickets sold (whichever comes first). Music will be provided by Sound Waves. Tickets cost \$10.00 for members - \$13.00 non-members. Doors open 5:00 pm cocktails and appetizers B.Y.O.B. Soda and water will be provided. Dinner 6:00 pm. See Becky Collins for tickets 727-459-5155. 50/50 Raffle will be held. Come and enjoy a home cooked meal, dancing or listening to music.





THINGS do not change, WE change.

The RCS Story (Religious Community Services, Inc.)

(Reprinted from a handout by permission - Florence Miller)

In 1967, fifteen local congregations of varying faiths and ethnicities came together to provide help & hope to people in need. Pinellas County grew, and with it grew the demand and the need for a helping hand. Eager to lend that helping hand, those congregations found themselves with fewer resources to serve a growing population. Determined to make a difference, these leaders studied the needs of the community and pooled their resources to provide efficient, secular services to the people of Pinellas County. Together, they founded RCS.

As Pinellas County continued to grow, so did RCS, expanding and diversifying to meet the needs of the community. Results showed that the services RCS provided made a difference, and many more congregations and volunteers joined the efforts, each one wanting to build a better community. RCS focused on serving individuals and families with dignity, helping them along the path to self-sufficiency.

That focus remains strong today as RCS directs resources to people facing hunger, homelessness, domestic violence and basic needs. RCS has evolved into a cooperative of professional staff members, integral volunteers and partnering faith congregations delivering reliable services to those most vulnerable in Pinellas County. RCS continues to use research, communication and best practices to be a premier community based agency providing help & hope to people in need.

Religious Community Services, Inc. **Mission:** To feed the hungry, help families facing homeless return to self-sufficiency and empower survivors of domestic violence.

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The Haven of RCS 727-441-2029 (HOTLINE 727-442-4128 or 800-500-1119)
RCS Thrift Store 727-531-6266
["www.RCSpinellas.org"](http://www.RCSpinellas.org)

RCS: Help & Hope. Serving hungry, homeless, domestic violence victims.





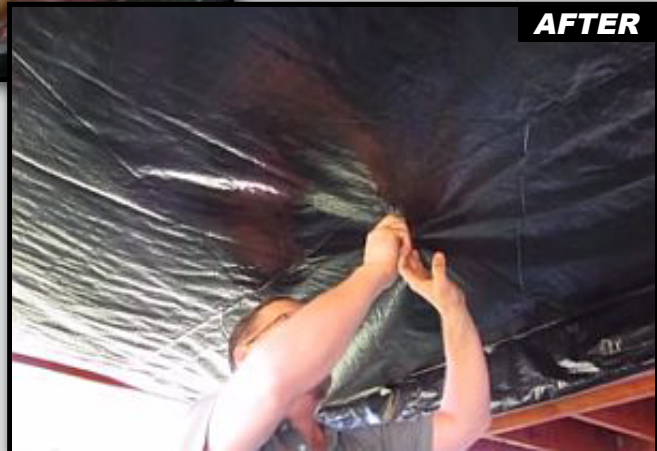
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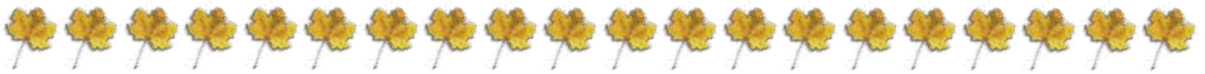
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Super Bingo

Upcoming SUPER BINGO November 17, 2016 (3rd Thursday of November)

Should another activity coincide with the date mentioned above, I will do my best to accommodate the rescheduling of the SUPER BINGO

Once again...

- There will be 11 bingo games:
- 5 regular games
- 3 special games
- 2 extra-special games
- 1 jackpot
- 9-up pads will be \$10 (regular, special & jackpot)
- Extra 3-up sheets for extra-special games will be \$1 per sheet.



In order for the SUPER BINGO to be successful, we need at least 30 or more players – more players mean a higher payout!

Those of you who wish to bring goodies (cookies, squares, cake, etc.) for everyone’s enjoyment during intermission are encouraged to do so.

The bingo is open to all residents and their overnight guests.

Due to strict by-laws, no outsiders are permitted to play any bingo in our Clubhouse.

Looking forward to hearing you say.....B I N G O!!!!

Any questions... email **Bet LeBrun** at betlebrun@hotmail.com

What it lies in our power to do, it also lies in our power not to do



**A Complete Listing of Resident Services
can be found on the page before your calendar**



Sweet Memories

Charlotte Thompson

We all know people who have left a deep and lasting love in our hearts. Some of these have become lifelong friends.

Here is my humble testament to a couple who came into Chuck's and my life at a challenging time.

Brett and Rochelle Heenan have generously given of their time. How can that ever be repaid? How does one accurately describe the calming effect I experienced around Brett when he drove me to the VA to visit Chuck. He was a person of gentle depth and radiated a meditative warmth. My heart was lightened just being in his company for those few moments.

Thank you with all my heart to Rochelle. So often she has just "been there" without being asked. Almost like magic.

Here is a Quote from Elizabeth Kubler Ross which sums up how I feel, in a small way:
"The most beautiful people we have known are those who have known defeat, known suffering, struggle, loss and have found their way out of the depths. These persons have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and deep loving concern. Beautiful people do not just happen."

So to all the friends and neighbors here in Japanese Garden. To each unsung hero, so to speak, thank you for being a part of all that makes this Park so excellent.

The bitterest tears shed over graves, are for deeds undone and words unsaid.





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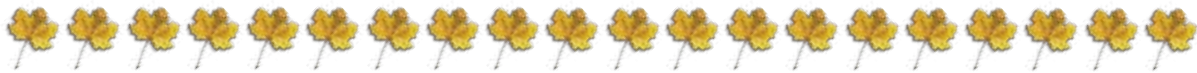
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Japanese Gardens Mens Golf League

Ziggy Wyeth

As of September 2nd, we have moved to Cove Cay Golf Course. Right now, our tee time is 8:30AM.

Our biggest problem is that in January 2017, February 2017, March 2017, and part of April 2017, I need to know if you are going to play on Fridays.

Because if I do not hear from you guys, you might not be able to play as a group. I will have three (3) tee times and I need to know before that Thursday, if we will have more than twelve (12) players.

Please call (727) 559-1304 or email ziggy19483@yahoo.com. Thanks, and we look forward to seeing you soon.



We are all sentenced to solitary confinement, inside our own skin, for life.

November



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7	8	5	6	2	3	4	1	9
6	4	2	9	8	1	7	5	3



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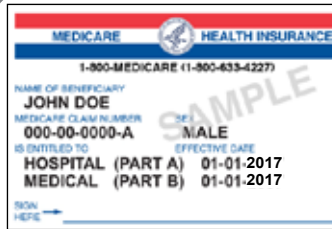


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6	CRIBBAGE 7PM; Contact Cathy Whyte 535-9723	7 Ladies G & Foot BRIDG tact Cat 535-972 Ele
13	CRIBBAGE 7PM; Contact Cathy Whyte 535-9723	14 Ladies G & Foot BRIDG tact Cat 535-972
20	CRIBBAGE 7PM; Contact Cathy Whyte 535-9723	21 Ladies G & Foot BRIDG tact Cat 535-972
27	CRIBBAGE 7PM; Contact Cathy Whyte 535-9723	28 Ladies G & Foot BRIDG tact Cat 535-972

Japanese Gardens

Tuesday	Wednesday	Thursday	Friday	Saturday																																										
<p>1 Cards - Hand - 12:30 pm</p> <p>E 7PM; Con- thy Whyte 23</p>	<p>2 Ladies Cards - PAY ME - 7:00 PM</p>	<p>3 Men's Cards; 6:00PM-9:00PM; contact Larry Rich- man 539-8330</p> <p>Regular BINGO - see Bulletin Board for start date</p>	<p>4 Golf Tee Off: 8:30AM; Cove Cay Golf Course contact Ziggy 559-1304</p> <p>Ladies Cards Hand & Foot - 12:30 pm</p>	<p>5 KOFFEE KLATCH 8:30AM DOORS OPEN; DONUTS & COFFEE FREE TO NEW RESIDENTS (donuts & coffee)</p>																																										
<p>8 Cards - Hand - 12:30 pm</p> <p>E 7PM; Con- thy Whyte 23</p> <p>ction Day</p>	<p>9 Ladies Cards - PAY ME - 7:00 PM</p>	<p>10 Men's Cards; 6:00PM-9:00PM; contact Larry Rich- man 539-8330</p> <p>Regular BINGO - see Bulletin Board for start date</p>	<p>11 Golf Tee Off: 8:30AM; Cove Cay Golf Course contact Ziggy 559-1304</p> <p>Ladies Cards Hand & Foot - 12:30 pm</p> <p>Veteran's Day</p>	<p>12 KOFFEE KLATCH 8:30AM DOORS OPEN; DONUTS & COFFEE FREE TO NEW RESIDENTS (donuts & coffee)</p>																																										
<p>15 Cards - Hand - 12:30 pm</p> <p>E 7PM; Con- thy Whyte 23</p>	<p>16 Ladies Cards - PAY ME - 7:00 PM</p>	<p>17 Men's Cards; 6:00PM-9:00PM; contact Larry Rich- man 539-8330</p> <p>Regular BINGO - see Bulletin Board for start date</p>	<p>18 Golf Tee Off: 8:30AM; Cove Cay Golf Course contact Ziggy 559-1304</p> <p>Ladies Cards Hand & Foot - 12:30 pm</p>	<p>19 KOFFEE KLATCH 8:30AM DOORS OPEN; DONUTS & COFFEE FREE TO NEW RESIDENTS (donuts & coffee)</p>																																										
<p>22 Cards - Hand - 12:30 pm</p> <p>E 7PM; Con- thy Whyte 23</p>	<p>23 Ladies Cards - PAY ME - 7:00 PM</p>	<p>24 Men's Cards; 6:00PM-9:00PM; contact Larry Rich- man 539-8330</p> <p>Regular BINGO - see Bulletin Board for start date</p> <p>Thanksgiving</p>	<p>25 Golf Tee Off: 8:30AM; Cove Cay Golf Course contact Ziggy 559-1304</p> <p>Ladies Cards Hand & Foot - 12:30 pm</p>	<p>26 KOFFEE KLATCH 8:30AM DOORS OPEN; DONUTS & COFFEE FREE TO NEW RESIDENTS (donuts & coffee)</p>																																										
<p>29 Cards - Hand - 12:30 pm</p> <p>E 7PM; Con- thy Whyte 23</p>	<p>30 Ladies Cards - PAY ME - 7:00 PM</p>			<p>DECEMBER 2016</p> <table> <tr> <td>S</td> <td>M</td> <td>T</td> <td>W</td> <td>T</td> <td>F</td> <td>S</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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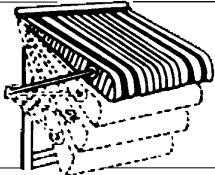


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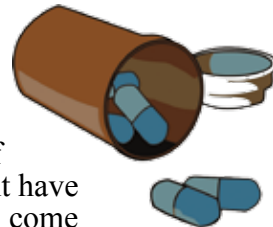


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A troubling trend: Americans overdoing antibiotics

Antibiotics are a boon to doctors and their patients, but they pose dangers if they're overused. That makes this news especially concerning: A Texas study reported on the UPI website found that about one in 20 adults have stockpiled supplies of antibiotics in their homes and use them without a physician's advice.



The study of 400 adults in the Houston area found that 14 percent of adults have a stash of antibiotic medications in their home, and 5 percent have used them without a doctor's guidance in the past year. The medications come from a variety of sources: 40 percent came from a store or pharmacy, 24 percent were purchased outside the United States, 20 percent came from family or friends, and 12 percent were left over from past prescriptions.

In 4 percent of cases, the drugs obtained without a prescription were intended for use on animals, not humans.

Millennials worry about debt

Millennials aren't the carefree kids you might think they are. A FICO survey found that they're concerned about debt—with good reason. According to FICO's online survey of approximately 1,000 Americans over 17, 32 percent of millennials owe \$20,000 or more in student loans, and 45 percent owe at least \$7,000 on car loans.

In all, 37 percent of millennials ages 25-34 say they're concerned about their level of debt, and 33 percent would like assistance in managing their debt. For example, 65 percent would like to receive an email alert when their student loan payments are overdue by less than 90 days, and 35 percent want to be notified by app when their mortgage payments are less than 90 days late (but they'd prefer a phone call if their payments are more than 90 days overdue).

These tiny robots may save your life

The newest medical robots look and move like bacteria, and they can deliver medications to specific locations within the human body and perform intricate surgeries like clearing clogged arteries.

According to the Science Daily website, a team of scientists is working to develop a selection of biological robots that are soft, flexible, and move through bodies under the control of an electromagnetic field. Once they reach their destination, they're heated to change shape, mimicking—for example—the bacterium that causes African trypanosomiasis, or sleeping sickness. Although still in development, these microrobots could revolutionize the way patients are treated in the not-so-distant future.



Get more creativity with a clear focus

Creativity and innovation aren't always accidental. A consistent focus will produce better results, so you don't have to wait for lightning to strike. Try these techniques to spur your imagination as you work:

- **Start your day with a purpose.** Instead of rushing out the door without a plan, spend a few minutes in the morning thinking about what you want to accomplish that day. Do this before checking your cell phone or email. You'll be less likely to get distracted by other demands.
- **Shake up your routine.** Get out of your comfort zone so you aren't always surrounded by what's familiar. Get up earlier than normal, take a new route to work, do your tasks in a different order, try something new and exciting—anything to shake your mind free of its preconceptions and look at your work in a different light.
- **Be mindful.** Don't go on autopilot. Pay attention to everything around you—the people you work with, the tasks you work on, the environment you work in, and so forth. The more aware you are of what's going on, the more likely you'll see a new connection or find an idea where you least expect it.

Don't be afraid to ask questions

Alyssa Mastro Monaco was deputy chief of staff in the Obama White House until 2014. She told a radio station an important lesson she learned early on about the importance of asking questions:

During an Oval Office meeting on the economic crisis, she was close to panic, worried that the president would ask her a question about issues she knew nothing about, such as quantitative easing. She began quickly writing down key words and phrases to look up later.

Economic adviser Larry Summers noticed and tapped her on the shoulder. "Come to my office later," he said.

Worried that Summers was mad at her, Mastro Monaco went to his office after the meeting. Summers asked about her list.

When she told him what she'd written down and why, Summers said, "I'll tell you anything you need to know." He proceeded to give her a quick lesson on economics. She left the office feeling relieved—and better informed than before. Nowadays she knows that admitting you don't know something is better informed than pretending you do—and she never thinks asking for information is stupid.



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A lesson in determination

British runner Derek Redmond was one of the favorites for a gold medal in the 400-meter sprint at the 1992 Olympics in Barcelona. But halfway through the race, Redmond—in the lead—collapsed on the track with a hamstring injury.

Medical staff rushed to help him, but Redmond waved them away. He somehow got to his feet and started staggering down the track. With thousands watching, and officials unsure of what to do, Redmond's father ran out to him.

“You don't have to do this, son,” he said.

“Yes, I do,” Redmond replied.



His father helped Redmond down the track, tears streaming down both their faces, waving away anyone who tried to stop them.

The crowd roared when Redmond finally crossed the finish line. The feat is considered by many to be the defining moment of the Barcelona Olympics.

Keep learning at any age

As you and your family members age, you may find you have more difficulty remembering things. Try to help you stay on top of the knowledge game and keep you learning as you age:

- Visualize. Mentally rehearse an event, conversation or activity before it actually happens. This visualization helps eliminate the stress you may feel over the unknown. Plus, when you're more relaxed, you're better able to learn.
- Take a break and exercise. If you're trying to remember information you're reading, take frequent breaks. Don't just sit around, though. Engage in some kind of activity to keep your mind alert and your blood flowing.
- Focus on concentrating. Distractions are the bane of any learning attempt. If you're attending a class or lecture, sit near the instructor and maintain eye contact with him or her. Try not to fidget; simply relax into the session and let your focused attention do the job.
- Say it out loud. Read aloud the material you're trying to learn and repeat out loud the facts you want to retain. This way, both your mind and your ears are taking in information.
- Tame frustration. If you grow frustrated over material you're trying to learn, remind yourself that getting emotional will only hamper your ability to retain information. If you have to, step back and take a long break.



Did you know that November is also...

National Epilepsy Awareness Month. Learn about the different types of seizures and how to prevent them—or help someone suffering from them. A seizure is a short change in normal brain activity that can cause changes in awareness, behavior, or body movement. Because anyone can have a seizure, recognizing symptoms and knowing how to help is vital.



Native American Heritage Month. Established at the turn of the 20th century as an effort to gain a day of recognition for the significant contributions the first Americans. In 1990 President George H. W. Bush approved a joint resolution designating that November “National American Indian Heritage Month.” Similar proclamations have been issued each year since 1994.

Military Family Appreciation Month. Throughout November, military families serving around the world are honored and recognized for their commitment and the many contributions they make every day in support of the military and our nation.

National Animal Shelter and Rescue Appreciation Week, Nov. 3-9. Approximately 3,500 animal shelters across the United States serve the estimated 6 million to 8 million homeless animals who need refuge each year. Get acquainted with your local shelters and rescuers, and learn how you can assist their lifesaving work.

National Nurse Practitioner Week, Nov. 13-19. Held annually to celebrate these exceptional health care providers and to remind lawmakers of the importance of removing outdated barriers to practice so that NPs will be able to practice to the full extent of their experience and education.

American Education Week, Nov. 14-18. The 2016 theme, “Great Public Schools: A Basic Right and Our Responsibility,” will present all Americans with an opportunity to celebrate public education and honor individuals who are making a difference in ensuring that every child receives a high-quality education.

U.S. Election Day, Nov. 8. Get out and vote!



World Diabetes Day, Nov. 14. Celebrated worldwide by the more than 230 member associations of the International Diabetes Federation in more than 160 countries and territories.

International Games Day, Nov. 19. Raising awareness of games and gaming in libraries to publishers and the public around the world.

Thanksgiving, Nov. 24. Turkey, football, pumpkin pie, and family. What could be better?



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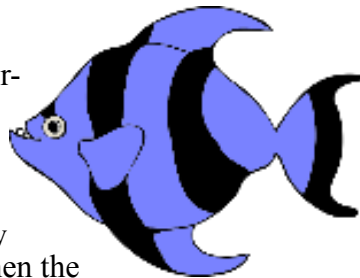
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Your fish may know what you look like

Dogs and primates can recognize human faces, but can fish? Apparently so. Scientists at the University of Oxford and Australia's University of Queensland have discovered that the archerfish can be trained to differentiate between faces with a high degree of accuracy, even though they don't have the type of brain other animals use for visual recognition.

As reported on the Reuters website, scientists chose the archerfish for their experiment because of its ability to shoot a jet of water from its mouth, usually to hunt down insects above the water's surface. They introduced the images of two human faces and trained the fish to shoot water at a specific one. In later tests, the fish were able to recognize a learned human face from 44 new ones and hit their original target 81 percent of the time—even when the color and shape of the head were changed.

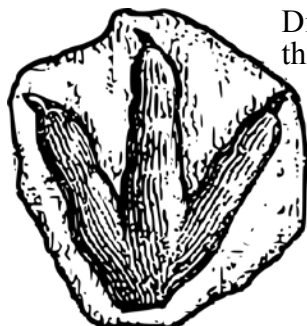


Because fish have no neocortex in their brains, and presumably no evolutionary need to recognize and distinguish between humans, the discovery is unexpected—and interesting to scientists studying brains of all kinds.

How did dinosaurs travel across the oceans?

The remains of similar species of stegosaurus and other dinosaurs have been found on both sides of the Atlantic Ocean, prompting scientists to speculate about how some dinosaurs, along with mammals and other land animals, made their way across oceans after the breakup of the supercontinent Pangaea hundreds of millions of years ago.

The latest theory suggests that North America and Europe were joined together by two strips of land that existed during the late Jurassic period—some 151 million to 154 million years ago—and the early Cretaceous, approximately 129 million to 131 million years ago. One land bridge connected Canada to the Iberian peninsula, and the other provided a route between North America and Scandinavia.



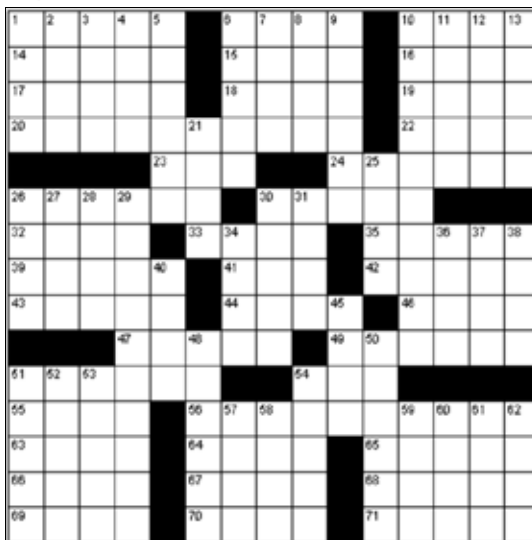
Dinosaurs like the stegosaurus and allosaurus could have moved along the land bridge along with turtles and early mammals. According to the Science News website, tectonic activity could have caused ocean shelves in relatively shallow water to rise above sea level. The bridges would have been narrow strips some 80-160 kilometers across—before they sank back into the sea.



November

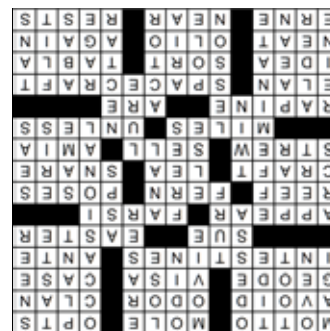
ACROSS

1. Slogan
6. Blemish
10. Chooses
14. Evade
15. Smell
16. Tribe
17. Crystal-lined stone
18. Credit card brand
19. Receptacle
20. Bowls
22. Initial wager
23. Take to court
24. A celebration of the Resurrection
26. Come into sight
30. Language of Persia
32. Coral ridge
33. Nonflowering plant
35. Models
39. Skill
41. Meadow
42. Trap
43. Scatter
44. Peddle
46. Dogfish
47. Units of distance
49. Except when
51. Pillaging
54. Metric unit of area
55. Flair
56. A capsule or shuttle
63. Inspiration
64. Class
65. Indian hand drums
66. Tidy
67. Hodgepodge
68. Once more
69. Sea eagle
70. Close
71. Relaxes



DOWN

- | | | |
|---------------------------------|---|---------------------------------|
| 1. Wise men | 21. Territory | 45. Entice |
| 2. Roasting appliance | 25. Vipers | 48. Instruction |
| 3. Honk | 26. Circle fragments | 50. Ambrosia |
| 4. Neap, high or low | 27. Sassy | 51. French for "Queen" |
| 5. A city in the Ukraine | 28. A type of fruit | 52. Relative of the birch tree |
| 6. Film | 29. Having unsuitable feminine qualities | 53. Song of joy |
| 7. Chief Norse god | 30. Liberates | 54. He plays roles |
| 8. Fail to win | 31. A Freudian stage | 57. A native of Poland |
| 9. Found at the end of a pencil | 34. Consequence | 58. Operatic solo |
| 10. Once in a while | 36. Identical | 59. Anger |
| 11. Flora | 37. Goddess of discord (Greek mythology) | 60. Fabrics made from goat hair |
| 12. Flavor | 38. The Caribbean and Adriatic, for example | 61. Dart |
| 13. Contemptuous look | 40. One of two | 62. Bronzes your skin |



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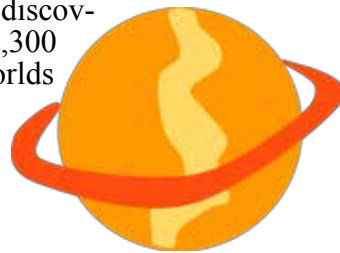
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Kepler telescope keeps finding new worlds

The planets just keep coming: The Kepler space telescope has discovered 104 new exoplanets around distant stars, adding to the 2,300 it has already spotted from 2009-2013. Most of these new worlds are less than three times the diameter of Earth, although close to a dozen are about the same size or smaller. A handful of them receive as much sunlight and solar energy as Earth, making them possibly suitable for life to develop.



The discoveries come in the wake of a series of malfunctions to Kepler and a new mission that has the telescope watching a section of the galaxy aligned with Earth's orbit, observing one location for about 80 days before moving on to new frontiers.

Exercise! It's good for your memory

A good memory is useful for creativity; remembering something you've just learned helps you make connections and see possibilities. A new study reported on the Science Daily website suggests that one way to boost memory and retention is exercise.

In the study, conducted by the Donders Institute at the Radboud University Medical Center in the Netherlands, 72 subjects learned a series of picture/location associations. They were then randomly separated into three groups—one worked out on exercise bikes immediately after the session, another exercised four hours later, and the third group didn't exercise at all. Two days later, all the participants were tested on what they'd learned while undergoing an MRI.

The subjects who had exercised four hours after the session retained their knowledge better than those in the two other groups, the researchers found. The brain images indicated that delayed exercise appeared to be associated with activity in the hippocampus—where learning and memory take place—whenever a participant answers a question correctly.

The experiment suggests that exercise isn't just good for your health—it strengthens your memory as well.

Science can only ascertain what is, but not what should be, and outside of its domain value judgments of all kinds remain necessary.

—Albert Einstein

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CRAFT FAIR and Auction (for charity) 11/5/16, 10:30am-3:00pm, East Bay Oaks Clubhouse. Auction starts at 1pm. To support domestic violence, violence victims, and children in shelters. Cash only! Call Dawn with any questions (727) 434-3471

Doral Village Community Tag Sale. 11/19/16 from 8am-4pm. Clubhouse. Share the Wealth, TV, Money Prizes raffle tickets will be sold. Free admission. Refreshments. 29250 US 19 North, Clearwater. South of Curlew, North of Main.

Japanese Garden Art and Craft Show. Dec. 9-10, 9am-3pm. Artists wanted \$10 per table. Please call Charlotte 727-531-3651.

FLEA MARKET Saturday, November 26th 9am-Noon. Lake Seminole Resort Clubhouse 10245 110th Ave N. Largo. Clothes, books, household items, decorations.

Art, Craft and Bake Sale: Saturday, November 19th, 8:00am to 2:00pm. Park Royale, 10611 66th Street (Between Circle K and Wells Fargo). Kitchen Open - Great Baked Goods!

HOLIDAY BAZAAR 11/12/16, 9am-3pm. Crafts. Car Show. Lunch Available. First Lutheran Church 1644 Nursery, Clearwater.

Annual Rummage Sale: Saturday, November 19th, 8am - 3pm, 2550 S.R. 580, Regency Heights Clubhouse. Breakfast, Lunch available!

6th Annual Arts & Craft Sale: Saturday, November 12th, 9am-1pm. Lake Haven MHP, Paradise Island Clubhouse, 1415 Main St. (Lake Haven Rd. & SR580) Dunedin. Handmade items for gifts & home décor.

Saturday, November 19th, 8am-1pm. Pre-Christmas Sale, Lake Haven MHP 1415 Main St. Dunedin, FL. Decorations, Gift items, Housewares & The Biggest & Best Bake Sale in Town! Lunch Available!

CRAFT SALE: Saturday, December 3rd, 2016, 8:30 am - 1:30 pm. Sugar Creek MHP @ Clubhouse, 10265 Ulmerton Road, Largo (Behind Pier One Store). Bake Sale and Lunch. Tables \$10.00. Call Sally 727-584-4204

Art/Craft Fair - Friday, November 18th. 9am-1pm. Lake Highlander MHP, 1500 County Road 1, Dunedin. Great Holiday Gifts!

Veterans Day Tribute To Our Soldiers November 11th, 7:00 pm Doors open at 6:00 pm EAST LAKE High School, 1300 Silver Eagle Drive, Tarpon Springs, FL 34689 \$10 general admission \$8 for Veterans SUNCOAST SINGERS of Florida, Cypress Woods Elementary Chorus, and EAST LAKE HS Chorus

Annual Bazaar - Rancho Village MHP, 7100 Ulmerton Road, Largo Florida. Sunday, November 13th, 12-3pm. New vendors and lunch available. Special raffle, baskets, and 50/50.

ANNUAL CRAFT SALE AND CARPORT SALE. 11/12/16 Lincolnshire Estates 1071 Donegan Rd, Largo. Hand made crafts, jewelry and art in the Clubhouse, food available Carport sale, furniture, nick nacks, glassware and more.

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WHITE ELEPHANT SALE - Saturday, Nov. 5th, 9am-noon. Americana Cove, 7201 1st St NE, St. Petersburg, 33701. Jewelry, antiques, crafts, electronics, housewares, pictures, books, DVD's, CD's, tapes, LPs, linens, plants, furniture, bakery, raffles.

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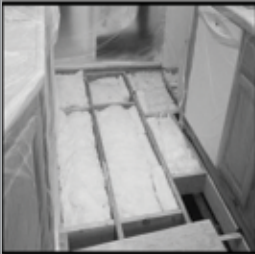
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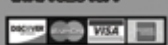


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(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

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Richard Ulring..... \$10	Bill The Carpet Guy	Kathleen Wieder..... \$5	Modern AC & Appliance Service
Lois P. Pierce..... \$10	Royal Enterprises	Joe Palmer..... \$5	Battleline Termite & Pest Control
Ann Postich..... \$10	Ron Wyngarden MH Washing	Sheila Carrier..... \$5	Boss Electric Corp.
Jean Harrington..... \$10	Jones & Sons Plumbing, Inc.	Evelyn R. Huegel..... \$5	Appliance Specialty, Inc.
Linda Wagler..... \$10	Debbie's Salon	Patricia Kiick..... \$5	O.E. Wilson Insurance
W. Orlander Brown..... \$10	Sunset Appliance Service	Ruth Charron..... \$5	Kathy's Cleaning Service
Joanne Hehl..... \$10	Doll Brothers Carpet Cleaners	Brenda Gordon..... \$5	Jones & Son's Plumbing Inc.
Galen Biddle..... \$10	Heller's Mobile Home Washing	Alesia Lee..... \$5	Palm Harbor & Dunedin Electric, Inc.
Bob Gornicki..... \$10	Battleline Termite & Pest Control	John Scott..... \$5	Imperial Electric
Maureen Koebel..... \$10	Appliance Specialty, Inc.	Nancy R. Idoux..... \$5	Appliance Specialty, Inc.
David Suderman..... \$10	Barron's AC & Appliance Service	Carolyn Cornwall..... \$5	Heller's Mobile Home Washing
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